Auxiliary Guide Number for April

THE LATTER-DAY SAINTS'

MILLENNIAL STAR

Established in 1840

"And now, if God, who has created you, on whom you are dependent for your lives and for all that ye have and are, doth grant unto you whatsoever ye ask that is right, in faith, believing that ye shall receive, O then, how ye ought to impart of the substance that ye have one to another." Book of Mormon, Mosiah 4 : 21.

No. 12, Vol. 91 Thursday, March 21, 1929 Price One Penny

BLESSINGS AND ADMONITION*

Elder Hyrum G. Smith

PRESIDING PATRIARCH OF THE CHURCH

It is one thing to give advice and counsel and it is another thing to take it. A great many of the members of the Church have sought counsel at the hands of the General Authorities of the Church, but they have not all taken the counsel that was given to them. It is the privilege, however, of the officers of the Church to give counsel and advice when the opportunity affords itself. I am sure the Latter-day Saints will have much to take home as a result of this conference, from the fruits of the testimony of the Spirit and the experiences of the brethren. The members and officers, I am sure, have been wonderfully blessed during this conference.

AN APPRECIATION OF BLESSINGS

I wish to express my appreciation for the kindness of the Lord to me, for the blessings which I have received since I last had the privilege of standing before this congregation. I am very grateful for the strength I possess to stand here to-day, although I am not free from suffering while I do so.

I know there are many people in the Church who are suffering to-day from lack of employment—from the lack of employment to provide the necessities of life—and a word of encouragement

*From an address delivered at the fourth session of the Ninety-ninth Semi-annual Conference, in the Tabernacle, Salt Lake City, Utah, U.S.A., October 6th, 1928.

sometimes helps. I am very happy to know that a word of encouragement and prayer, if you please, occasionally helps those who are discouraged. I have in my office a collection of testimonies from individuals all over the Church, relative to their gratitude for the blessings they have received—the result of a word of encouragement in an hour of need; and I am grateful that it has been my privilege to perform my part in this sacred service. I regret that I am not able to do more of it. I wish to take this opportunity to admonish the people generally to take the advice and the counsel given to them in this conference.

I have been asked many times concerning a promise that is frequently given in blessings to the effect that the person would be guided by the influence and promptings of his guardian angel. These people have said: "Brother Smith, who is our guardian angel?" The spirits of our departed loved ones, as well as other spirits, may be appointed to act as our guardian angels, but they are special and come by appointment, while the Holy Spirit yields a constant influence over our lives for our guidance and protection. Brother Whitney has explained the Spirit of the Lord that is in all things. There are many passages in our scriptures which explain the fact that the Spirit of God is in all things, for they were created spiritually before they were created temporally. Every living thing upon this earth was created spiritually before it was created temporally; therefore, everything that is upon this earth or ever has been, has had a spirit, and that spirit has had a guide for its protection.

GUIDED BY THE SPIRIT OF GOD

And so we Latter-day Saints, members of the Church of Jesus Christ, having been given this Spirit, having it pointed out to us by special notice, it is an important thing in our lives to guide us. And I have admonished and advised a great many of our Saints that if they will only hearken unto those "sweet and peaceful promptings" they will know the truth; they will know how to decide upon matters for their safety and success in temporal and in spiritual affairs. I know this is the truth, because I have tried it myself, and I believe it—that it is the prompting of the Spirit of the Lord—in its influence over our lives. I think, too, that as long as we are conscious of our activity and know what we are doing, we never do wrong but that we know it is wrong; because we have been previously warned, whether it is right or wrong, if we will only listen. So I am prepared, my brethren and sisters, to further admonish you and further advise you to pay attention to those "sweet and peaceful promptings;" and if you will listen to them and act wisely, you will make fewer mistakes and enjoy more peace and safety in life.

. . . . .

I pray the Lord to guide you, my brethren and sisters, safely in

your work, that you may be further obedient to those whisperings for your protection and guidance in the Church. I thank the Lord for your faith, and for your prayers for my personal welfare; and in turn I pray God to bless you, that He will continue to bless the authorities of the Church—President Grant and his associates—I know that the Lord has blessed them, for He has blessed me in being associated with them. I am grateful indeed for the prayers and the blessings of my associates in the ministry, and am very grateful for the faith and the prayers of the Saints, for I know that they have prevailed for my blessing. I pray that the Lord will continue to bless this Church, and all those who are working in it, whether at home or in the mission field. I pray the blessings of the Lord upon those who may be disturbed in their feelings and do not know how to decide upon what they ought to do. If they will listen, and then act when the prompting comes, I predict that they will receive comfort and blessings for their relief. May the blessings of the Lord attend us throughout the remainder of this conference, and when we go home may we take with us the advice and counsel and blessings which are given for our benefit, I pray, in the name of Jesus Christ. Amen.

RELIEF SOCIETY

BOOK OF MORMON STUDIES

For the first lesson in April

BY UNSYMPATHETIC CRITICS of the Book of Mormon, the third book of Nephi has sometimes been called the "Fifth Gospel." The allusion—implying that it is of the same order as Matthew, Mark, Luke and John, admitting that it is an added testimony of the Saviour—is a happy one, and Latter-day Saints have carried on the allusion for a good purpose.

The chief and avowed purpose of the Book of Mormon is to bear witness to the world that Jesus is the Christ, the Son of God, and that He dwelt among men and died that they might live. No other division of the sacred record bears this witness so completely and so effectively as does the third book of Nephi. In this respect, therefore, it is the most important in the Book of Mormon. It is most fitting that the consideration of Third Nephi should commence in April, which is accepted by Latter-day Saints as the birth month and death month of our Lord and Saviour—although we celebrate it on the appointed day with the rest of the world.

To begin with Third Nephi, chapters 1 to 6 should be studied. The depravity of the majority and the faithfulness of the few are noteworthy. The fact that the star marking the Saviour's birth was visible in the Western as well as in the Eastern hemisphere, is a distinct contribution to the knowledge of the world.

It is verified by the legends of the American Indians. It appears that on the American continent the added testimony of three days of light was given also. The activities of Satan in attempting to harden the hearts of the people that they might not believe the signs and wonders is significant. The more nearly a man approaches to God, the more stoutly and cunningly will Satan oppose him and attempt to spread doubt in his mind. Many inquirers have found this to be true when contemplating the accepting of the Gospel of Jesus Christ in this day.

QUESTIONS

1. In what respect is Third Nephi the most important section of the Book of Mormon? Why has it sometimes been called the "Fifth Gospel?"

2. Why did Nephi entreat the Lord to know when the sign was to be given? What signs does the Book of Mormon record on the Western hemisphere? Compare these with those that were spoken of in the New Testament.

3. What effect did the signs and wonders have upon the people? Was it lasting? Do honest conversions often come from signs and wonders?

4. What change came upon those Lamanites who lived righteously? Was this according to promise? Cite the promise given to the descendants of Laman.

5. Recount the attempted strategy of Giddianhi, captain of the Gandianton robbers. How was his message treated by Lachoneus, a just and wise governor?

6. What was the outcome of the seige? Are people ever defeated when they are defending homes and families in righteousness? Why?

7. What was secretly done by corrupt judges to many who testified of Christ? What was the outcome?

R. L. E.

WORD OF WISDOM LESSONS (No. 4)

For the third lesson in April

The Earth Our Home

NOTE: It is easy for "fads" to creep in, and for "food quacks" to give instructions on the vital subject of food and health. On this as all other subjects, we must learn the truth. For that reason these lessons are being based on and held closely to our inspired Word of Wisdom. Also the facts given are in accord with the published statements of the most advanced and reliable British authorities on the science of nutrition, from whom most of the quoted statements are taken. Feeding experiments are constantly being made and new truths are gradually coming to light; but the facts stated here are in full accord with the best scientific information available. This is for your safety and our protection.

The Miracle of Earth Life. "And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.

"And the Lord God planted a garden eastward in Eden; and there he put the man whom he had formed.

"And out of the ground made the Lord God to grow every tree that is pleasant to the sight, and for good food."*

"And God said, Behold I have given you every herb, bearing seed, which is upon the face of the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat."†

Thus spoke our Father to His earth children. They may heed His natural laws and live; they may ignore or pervert them and suffer disease, and finally perish. It is so written, and has been proven through thousands of years of history.

Dust Thou Art. This describes the body of man—not his soul. If a portion of "dust" or fertile earth-soil were taken to the chemical laboratory and analyzed, it would be found to contain some fifteen elements, so-called, of which oxygen, nitrogen, carbon, iron, calcium, sodium and iodine are best known to us by name. However, the other eight elements are just as much a part of the soil as those named.

All plants and trees feed upon soil, through the process of plant growth. The process is marvelous because earth substance is transformed by the plant as by magic into intricate and varied plant structures. Now if a plant were taken to the laboratory and analyzed by the chemist, the same fifteen elements of the soil would be found in its composition.

The body of man is more intricate and complex than that of the plant. He cannot use the materials in the soil of the earth as food; these substances must first be prepared for him by the various plants, and they in turn must furnish his food. If, now, the body of man is analyzed by the chemist, lo!—and behold!—the same fifteen elements are found which form the basis of the earth's crust. These necessary life elements are available to man only through his food, all of which comes directly or indirectly, from the plants and fruits of the earth.

Thus is indicated the interdependence of all life, and the need of all to understand and heed the Maker's great fundamental laws. In very deed is man made of the "dust" of this earth.

Care of Plants and Animals. "Crops are fed to-day according to fixed and well-known laws. The average farmer, as far as his soil is concerned, recognizes the meaning of pure food. He knows that if he does not supply his vegetables and grains with the right kind of soil food, he will reap a stunted and a feeble crop, or suffer a crop failure. . . . When we remove any of the minerals from the earth we produce soil-sickness, and the fruits of that soil are correspondingly dwarfed, enfeebled, or do not appear at all.

"Intelligent herdsmen apply their knowledge and measure

*Genesis 2: 7, 8, 9.

†*Ibid.*, 1: 29.

results according to fixed operations when not deceived by food manufacturers. They make a business of feeding for certain desired ends. To them pure food is not a mystery. It is the means whereby they supply proper building materials to the physical needs of the creatures in which their money is invested.

"Infants and children, men and women, however, are often fed in ignorance and caprice. Why should not children be as intelligently fed as prize sheep, horses, poultry, hogs, and blue-ribbon cows?"*

Minerals in Food. "At a recent annual meeting of the British Medical Association a prominent researcher of the properties of food said: 'Of the fifteen chemical elements which enter into the composition of the body, and are recognized as being essential, ten are mineral elements, and each of these ten is known to perform functions which cannot adequately be performed by any of the others. As all these minerals are continually being lost from the body in the excretions, and all are required as constructive material in growth, it is obvious that the mineral content of the diet is of primary importance for the physiological well-being of the body. The mineral constituents of food are of vital importance.'"†

The major part of these necessary minerals are obtained directly from the vegetables and the fruits of earth. That is one reason why they are such a necessary part of the human diet.

Minerals in Body Functions. All the essential minerals promote life-functions; only a few are here mentioned. Calcium is most essential; it is found as the chief ingredient of the bones and teeth. It is also essential to the activity of every cell of which the body is composed—and their number runs into the millions. It is necessary in the blood; without it the heart will not beat and the muscles refuse to function properly. Its importance to body functions generally, is most essential. Iron is needed by the blood to enable it to become purified by the oxygen of the air. Chlorine is also necessary in the blood for the same reason, and for others as well. So indeed are all the minerals of body composition—each for a definite purpose.

Source of Minerals. "The majority of the salts we get from vegetable food-stuffs: Calcium, for instance, we get from oatmeal and cabbage (though milk is an excellent source); iron from green vegetables, especially spinach (though meat and eggs supply it too); phosphorus from oatmeal, peas and beans (also present in milk and eggs); and iodine from onions (though sea foods are perhaps its best source). In a mixed diet there is no likelihood of a deficiency of salts,"‡ or mineral foods. All the edible plants

**Science of Eating*, by A. W. McCann, pages 17, 18, 63.

†*Food and the Family*, by V. H. Mottram, M.A., Professor of Physiology, University of London, page 78.

‡*The Functions of the Body*, by V. H. Mottram, M.A., page 142.

and vegetables contain certain proportions of these elements so vital in maintaining bodily health; hence *all* should be used as food by every family.

The Teeth as an Index. Mineral starvation is felt throughout the entire body, but it shows itself definitely in the structure and composition of the teeth. It is most important that the pregnant mother shall have foods that contain the necessary minerals, or the babe comes into life with a severe handicap. Few people realize that the first set of teeth are formed during the fourth month of pregnancy, and are completely formed at birth, though embedded in the jaws. Also, that during the seventh month of pregnancy, the foundations are laid for the second or permanent set of teeth. If the mother does not get her full quota of calcium and other minerals in her food, nature has provided that the child robs the mother—hence the frequent experience of tooth trouble during pregnancy. These truths apply to the child's bony structure as well as to its teeth.

Teeth are an index of correct feeding. Savages and "nature-people" have hard, white, solid teeth—until they begin to use the white man's food, which is often so "white" and soft that its health-giving properties have all been stolen. Our forefathers needed no dentists. What lesson may we learn from that fact?

QUESTIONS

1. Discuss the deep significance of the sentence "Man became a living soul," being immediately followed by the one: "And the Lord God planted a garden" (Genesis 2: 7, 8).

2. Describe the full meaning of the phrase: "Dust thou art." Tell the process by which man's body becomes composed of the dust of the earth. Explain the interdependence of the earth, plants, animals and man. How does it bespeak nature's great economy?

3. Tell what you can of some of the essential elements found in man's body. How do they control the functions of the body? From what foods are these common elements obtained?

4. What happens to plants if these necessary elements are lacking in the soil? Why? What happens to man if the elements are taken out of his food? Discuss this point. How is a person to maintain perfect health?

5. Why are the teeth an index of one's health? Why should mothers be provided with mineral foods aplenty?

6. Teeth need exercise for health. Soft foods induce decay. Why should one eat every day of life, some hard crusts, some whole grain cereal or some raw food such as carrots, cabbage, celery, lettuce or other vegetables? (If the teeth are not good, these foods may be grated.)

7. Why should one carefully clean the teeth before retiring and rinse the mouth thoroughly after each meal? Do you have this practice? Will you adopt it?

L. D. W.

THE LATTER-DAY SAINTS' MILLENNIAL STAR

THURSDAY, MARCH 21, 1929

EDITORIAL

M. I. A. SLOGAN FOR 1928-29

We stand for law: For the people who live it and the officers who enforce it.

LAW AND DISCIPLESHIP

Who is a disciple of Jesus Christ?

He that receiveth my law and doeth it, the same is my disciple; and he that saith he receiveth it and doeth it not, the same is not my disciple, and shall be cast out from among you. (Doctrine and Covenants 41: 5).

This is a sufficient answer, by which any person may find his way to divine acceptability. It sets out in plain sight the responsibility of man, the free agent. It is not sufficient to know the law, it must be received, which is an act of will; and it must further be obeyed, which is another act of will. Many know the truth, but few bend their wills to the accepting and doing of it, hence "many are called, but few are chosen." To all who hear and know the truth but will not allow it to enter their hearts, this answer is also a rebuke. On the road to discipleship there is little room for the quibbler. The frank compelling of the will to accept convincing truth alone leads to divine intimacy.

The insufficiency of unsupported faith is also here set forth. Faith, the most powerful of forces, must be roused into action by works—it must be used. The electric current may pass from the dynamo through miles of wire and back again without giving light or doing useful work. It exists, but unused it has no value. When the will seizes upon faith to make it serve useful ends, when accepted law is obeyed, then man achieves the rank and distinction of a disciple—a follower of the Master. Faith and works, the current and the light globe, together serve human needs. The more eager the use of our accepted knowledge, the higher our achievement on earth and in heaven.

But, shall the man who knew not the law be barred from discipleship? No; for if he combined works with the faith given him, with all his might, he shall find his high place, where the whole law may be learned.

They that knew no law shall have part in the first resurrection. (Doctrine and Covenants 45: 54).

Those who win discipleship by receiving the law and doing it, enter into the assemblage of wills disciplined for righteousness in faith and effort. They increase in every gift. For them it has been written:

For intelligence cleaveth unto intelligence; wisdom receiveth wisdom; truth embraceth truth; virtue loveth virtue; light cleaveth unto light; mercy hath compassion on mercy and claimeth her own; justice continueth its course and claimeth its own; judgment goeth before the face of him who sitteth upon the throne and governeth and executeth all things. (Doctrine and Covenants 88:40).

Is there a law—natural, human, divine—learn it, test it; if true receive it and obey it. Demand of the will that it hold itself to truth. So runs the formula for those who desire the highest joy.

—W.

RELIEF SOCIETY

BRITISH SONG WRITERS OF ZION

For the fourth lesson in April

JOHN NICHOLSON

SOME OF THE SWEETEST SINGERS of earth have had their birth in "bonnie Scotland." This is certainly true as regards the song-writers of modern Israel.

John Nicholson was as Scotch as the "banks o' Loch Lomond!" Yet was he also a true follower of the lowly Nazarene.

As a very young man he heard and accepted the revealed truth of the restored Gospel of Jesus Christ, and spent his life helping others to understand and practice its simple, yet sublime truths. Who may doubt it who has ever read or sung his great devotional hymn: "Come, Follow Me"—number 9 in the *Songs of Zion*.

> We must the onward path pursue
> As wider fields expand to view,
> And follow Him unceasingly
> Whate'er our lot or sphere may be.

That the meaning of temptation and the need of prayerful resistance was a part of his deep understanding is shown in his hymn: "The Nations Bow to Satan's Thrall" (The old *Hymn Book*, No. 370, or the new *Latter-day Saint Hymns*, No. 389). In this he foresaw the titanic struggles which would envelop the earth, and the only possible cure the "Praise of Christ who o'er them reigns."

He is the author of one of our simplest and choicest Sacramental hymns: "While of These Emblems We Partake" (*Songs of Zion*, No. 141). Again he shows his full grasp of the real mission

of Jesus: "That man might not remain the slave Of death, of hell, or of the grave."

Read and study these hymns.

QUESTIONS

1. Study the sketch of John Nicholson in the *Star* of February 28th. Enumerate the interesting events of his early life.
2. Relate the events connected with his conversion to the true Gospel of Jesus Christ.
3. Tell all you can of his missionary experiences.
4. How do you regard the hymns which he wrote and left for posterity? Did he understand the truth? Why do you think so?
5. What was his favourite theme?
6. What is your favourite hymn of those studied? Why?
7. Sing together *by heart*, "Come, Follow Me."

L. D. W.

SUNDAY SCHOOL

FOR THE BENEFIT of Sunday School workers who have not access to the *Juvenile Instructor*, we reprint the following helps. Sunday School officers should subscribe to the *Juvenile* and use it freely. It contains much useful material pertaining to Sunday School work which we can not reproduce in the *Star*.

THEOLOGICAL DEPARTMENT. Course: *Old Testament "C"*

April 7. Lesson 13. Elijah. Text: 1 Kings, chapters 7-22; 2 Kings, chapters 1-9. Objective: God always attempts to lead His people through prophets and to make His message fit the intelligence of the people.

April 14. Lesson 14. Elisha. Text: 1 Kings 19; 2 Kings 2-13. Objective: God gives power over evil to those whom He chooses to serve Him, when their service is whole-hearted and rendered for the glory of God.

April 21. Lesson 15. The Prophets Proper. Text: Books of the Prophets. Objective: The appreciation of the prophets in their proper historical, religions and political setting.

April 28. Lesson 16. Amos. Text: Book of Amos. Objective: The method employed by God in warning people of their wickedness and in pointing out to them the way of escape.

INTERMEDIATE DEPARTMENT. Course: *New Testament "A."*

April 7. Lesson 12. "Jesus and Nicodemus." Text: Weed "A Life of Christ for the Young", chapter 17; John 2: 23-25; 2: 1-21. Objective: Acceptance into the kingdom of God requires the cultivation of clean thoughts and deeds.

April 14. Lesson 13. "At the Well of Sychar." Text: Chap-

ter 18, "A Life of Christ for the Young"; John 4: 1-42. Objective: A testimony of the divinity of Christ's mission is obtained by those who worship in spirit and in truth.

April 21. Lesson 14. "A Prophet is not without honour save in his own country." Text: Luke 4: 16-30; Matthew 13: 54-58; "A Life of Christ for the Young," chapter 20. Objective: We often fail to recognize the fact that those around us may, in knowledge and power, be able to teach us.

April 28. Lesson 15. The Draught of Fishes. Text: Luke 5: 1-11; Mark 1: 16-20; "A Life of Christ for the Young," chapter 22. Objective: The real spirit of a true follower of Christ comes through obedience to His call.

PRIMARY DEPARTMENT. Course: *Primary.*

April 7. Lesson 13. "Rebekah at the Well." Text: Genesis 24. Objective: Implicit trust in God brings happiness and success.

April 14. Lesson 14. "The Birthright Sold." Text: Genesis 25: 20-34; 27: 1-40. Objective: Great blessings come to those who have faith in the promises of the Lord and live for them.

April 21. Lesson 15. "The Sacred Promise." Text: Genesis 28 to 33. Objective: To pay tithing is a blessing and a duty, and shows that we desire to serve God.

April 28. Lesson 16. "Two Strange Dreams." Text: Genesis 37. Objective: God protects those who love and trust Him.

MUTUAL IMPROVEMENT ASSOCIATION

PRELIMINARY PROGRAMS. *First Night.* Opening exercises. Introduction to the slogan. Make an effort to have some one who seldom takes part in your Mutual do something on the program.

Second Night. Opening exercises. Introduction to the slogan. Dramatic recital or comic impersonation.

Third Night. Opening exercises. Introduction to the slogan. Ask some experienced individual to demonstrate a few of the elementary first aid appliances and bandages used in the case of common accidents.

Opening Night. Opening exercises. Introduction to the slogan.

Debating will help revive interest in branch affairs, particularly in the M. I. A. Invite the Bee-Hive girls and the M Men to compete for branch debating honours. Wholesome rivalry and good development will result from a debate held on open night between members of the two clubs. It may be advisable to pair off the teams with one Bee-Hive girl and one M Man on each side.

Use a question for debate that will draw the attention of

others than members. Are the Bee-Hive girls or the M Men the most capable debaters? The only way to find out is to try the plan and see. (See the M. I. A. Handbook for subjects.)

After the first contest between the two local clubs, extend an invitation to your neighbouring branches to interchange debating teams. You will enjoy these events.

Simple, wholesome refreshments may be provided, and, in the open night program you may make provision that the losing team must act as waiters.

SLOGAN: "We stand for LAW: For the people who LIVE it and officers who ENFORCE it."

First Night. Important Natural Laws: The eternity of the elementary materials and forces of the universe. Discuss the findings of science and the conformity of the Gospel with them. (See Doctrine and Covenants 93: 29-33.)

Second Night. Important Natural Laws: Select and study a law of nature evidenced in agriculture, obedience to which produces the desired growth of plants.

Third Night. Important Natural Laws: Discuss the laws governing the generation of steam, and the use of steam pressure in the industries.

Fourth Night. Important Natural Laws: Consider the effects of friction; the various ways friction is used for man's benefit; and how it has been partly overcome. For example, how is friction used in stopping railway trains or motor cars? Why is the use of oil necessary?

LESSONS. Text: *Spiritual Growth.*

First Night. Chapter 18. Objective: To teach that a fulness of joy and happiness, the gaining of which is the purpose of life, is won "by keeping daily the commandments pertaining to this life," and by constantly seeking the inspiration and fruits of the Spirit by obedience to its promptings.

Second Night. Review. Objective: Using the Table of Contents as a guide, bring out the main points of each chapter in a general review of the course.

Third Night. Review. Objective: Consider the Preface and Chapter One, endeavouring to show the eternal truths which lie at the foundation of the Gospel as taught by the Church of Jesus Christ of Latter-day Saints, and how obedience to them will result in physical and spiritual growth.

A. G. P.

MOTTO CONTEST

AFTER WEIGHING the merits of the many Mutual Improvement

Association mottos, sent in during the recent contest, the committee has selected the following:

First Prize:	Second Prize:	Third Prize:
Hester A. Neal	Muriel Rees	Dora Wintle
Bristol Branch	Liverpool Branch	Bristol Branch
The	The	The
M—M. I. A.	M. I. A.	M. I. A.
U—utilizes	universally	unfolds
T—talent;	teaches	truths
U—urges	united	unparalleled,
A—advantageous	activity,	abolishing
L—learning;	loyalty,	lethargy
I—improves	individuality;	in
M—mental	makes	material
P—potency;	progress.	progression;
R—renders	Ready	rouses
O—our	obedience	otherwise
V—vital	vitalizes	vague
E—energy	every	ethics,
M—more	member—	making
E—efficient;	each	each
N—necessitates	non-member	new
T—trust;	too.	truth
A—acquires	Active	appear
S—service;	sociability	sacred.
S—strengthens	strengthens	Services
O—our	our	offer
C—character;	character;	continual
I—introduces	inspires	interest,
A—athletic	all	advancing
T—training;	talented	the
I—instils	individuals	ideals
O—obvious	onward,	of
N—neighbourliness.	never-ending.	nations.

Honourable mention is due to the Rochdale Branch, c/o. Arthur Fitton; Lucy Ripley, Batley; Elsie Bryant, Bristol; Lucy Strong, Bury.

Favourable mention: Mrs. and Marjorie Bagshaw, Miriam Weinberg, Harold T. Pardoe, Marie Wetherall, all of Manchester; Sister Rubybook, Brother and Sister L. Dannatt, Brother and Sister J. H. Theakston, of Scunthorpe; Emma Battle, Lucy Battle, Ethel Jenkins, Edith M. Bryant, of Bristol; Sister E. Tooks, Scunthorpe Branch.

The work of all competitors has been commendable. After all, the selection of winners is merely a necessary close to the contest; while the most important item in all of our work—the good accomplished by *trying*—continues to play the main part in the development of sound character. We heartily congratulate all who participated on their success.

A NEW CONTEST!

A NEW CONTEST: In this issue of the *Guide*, the winners in the Mutual Improvement Association motto contest are announced. It has been entirely successful; so much so, in fact, that another contest is hereby opened. All British Mission M. I. A. members are invited to enter.

The competition is for the best original program outlining a suggested M. I. A. open night entertainment especially fitting for the spring and summer season. Stunts, games, music, drama, or anything that appears novel to you may be suggested; "the sky is the limit." We are desirous of having you work out a new open night program.

The winning program, provided it meets with approval, will be incorporated into a number of the *Auxiliary Guide*, as a suggested open night program for the Mutual Improvement Associations of the British Mission.

Here is an opportunity to put your ideas into practice. Send in your suggestions! We want and need them.

All suggestions must be in the *Auxiliary Guide* office, 23 Booth Street, Handsworth, Birmingham, before April 30th, 1929.

A. G. P.

M MEN ORGANIZATION

M MEN MOORLANDERS. Summer is coming! The months are approaching when the great out of doors invitingly beckons all red-blooded men to the open spaces.

M Men are manly, fresh-air men. Why not organize your club for the summer into the "M Men Moorlanders" or the "M Men Mountaineers," as the name will best suit you, with the purpose of creating and fostering a greater love for and knowledge of God's handiwork as evidenced in nature? You will derive much experience and happiness from contact with out-door life, taking advantage of an opportunity to study primeval, natural conditions.

A competent man should be appointed to act as your "Field Guide" or "Wander Leader," or whatever you desire his title to be. His duty involves the planning and preparation of instructive moor, mountain, meadow or woodland hikes, providing open air recreation and learning. The M Men group will thus lead out in promoting branch out-of-door parties and socials.

In conjunction with this new plan, a "Moorlanders' Log" or journal should be kept in which all proceedings of the summer organization may be recorded. Observations on birds, animal life, trees, suggestions for improving the natural beauty of your surroundings, camp-fire thoughts on your trips, written by the men themselves, could all very well be incorporated into this valuable reference treasure. A club photographer, with the aid

of a small fund, subscribed to by the members, could illustrate the Log with hike photographs, and provide reprints for individual records.

Each of your summer trips will be given a peculiar attractiveness by attaching them to some important day or event, and by giving them catchy, descriptive titles by which they will be known. For instance, most M Men either own a bicycle or could borrow one for a day. For your first trip, invite all prospective "M Men Moorlanders" in your branch to go "Cycle-sightseeing" with your club. Other similarly named "wander" parties will add zest and attraction to the already powerful M Men program.

Effectively planned trips, made complete by the organized efforts of your Camp Cook Committee, will make the summer program extremely enjoyable.

A. G. P.

LEEDS DISTRICT CONFERENCE

THE PEOPLE of Halifax will long remember Sunday, March 10th, 1928, because of the "Mormon" conference held in their midst at the Alhambra Picture House on that date. For two weeks previous large blue and white posters advertized the oncoming event and created a topic for general discussion.

In attendance were President William A. Lund, of the British Mission; President J. Willard Harmon, Elders Melvin E. Dunkley, Nephi H. Cutler, Willis E. Bean, R. LeRoy Fletcher, Kendall H. Curtis, Frank S. Cragun, Herbert C. Fletcher, William E. Egbert, Raymond Searle, Samuel Hill and Lowell R. Rich of the Leeds District.

At the opening session, Saints and investigators from all parts of the Leeds District were gathered to enjoy the proceedings. The theme developed was "The Restoration of the Priesthood" to the earth in this dispensation. The power to speak authoritatively for God was explained. Several local members bore testimony to the value of Sunday School work and to the truth of the restored Gospel of Jesus Christ.

During the afternoon meeting a report of the work and progress of the District during the past six months was given. The true character of God, and what it means to know Him were the subjects enlarged upon by the speakers who showed that our policy is to love, be kind to, and to help all mankind.

Immediately following the afternoon session a union meeting convened where District problems were discussed.

At the evening session the message of "Mormonism" was presented, the restoration of the Priesthood discussed, and the high ideals of the Latter-day Saints were set forth. Record was borne that Jesus is the Christ; that all men may come to a knowledge of the truth if they earnestly seek it.

The spirit of the Lord was manifest in abundance at each meeting; most of those who attended the evening service were new friends and investigators. The entire day was one of rejoicing, and each person present was impressed with the truths presented. We feel that our conference was guided and directed by the Lord to a successful conclusion.

MELVIN E. DUNKLEY, District Clerk

DEATHS

BEVERLEY—Sister Mary Beverley of the Hyde Branch, Manchester District, died at her home on February 17th, at the age of seventy-two years. President Frank C. S. Derrick conducted the funeral service. Interment was in the Hyde Cemetery.

GENT—Dennis Howard Gent, infant son of Brother and Sister G. E. Gent of the Leicester Branch, Nottingham District, died on March 3rd at the age of fourteen months. Funeral services were under the direction of President Wesley B. Ward.

HEARN—Brother Thomas Hearn of Caerphilly, Glamorganshire, Wales, died at his home on February 22nd. Funeral services were held under the direction of President Iver L. Larsen. Elder J. Ferrin Gurney dedicated the grave.

HOPEWELL—Sister Sarah Hopewell of the Nuneaton Branch, Birmingham District, passed away on February 21st at the age of sixty-six years. Funeral services were under the direction of President Heber J. Matkin. Elder Herbert W. Carter dedicated the grave.

MILLS—Sister Susanah Mills of the Barnsley Branch, Sheffield District, passed away at her home in Higham, on February 28th, at the age of fifty-five years. Funeral services were conducted by President John P. Hopkinson. Interment was in the Gawber Churchyard.

SWAINE—Sister Betsy Swaine of the Leeds Branch, Leeds District, passed away on February 20th, at the age of seventy-four years. Interment was in the Lower Wortley Cemetery, Leeds.

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LIVERPOOL

FOR SALE IN ALL THE DISTRICTS OF THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS IN GREAT BRITAIN